



**IT TAKES ALL OF YOU
-ZINIKELE-**

UP RUN - SUNDAY 04 JUNE 2017

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THE ULTIMATE HUMAN RACE



THE FULL FIGURE OF HERMES, HEAD OF HERMES AND THE WORDS, "COMRADES" AND "COMRADES MARATHON" ARE REGISTERED TRADEMARKS OF THE COMRADES MARATHON ASSOCIATION. RUN UNDER THE AUSPICES OF IAAF, ASA AND KZNA



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COMRADES MARATHON

**THE ULTIMATE HUMAN RACE
SUNDAY 4 JUNE 2017
UP RUN**

PERSONAL INFORMATION

ChampionChip No.											Home Language					Gender	Male	Female	
ID / Passport Number											Date of Birth	C	C	Y	Y	M	M	D	D
Surname																			
First Name											Country of Residence								
If not a SA Citizen, do you have a Permanent Resident Permit?										YES	NO	Permanent Resident Number							
Postal Address										Tel Home				Tel Work					
Postal Code										Fax									
Email Address (Confirmation of Entry will be sent to this address)																			
Cellular (SMS Confirmation of Entry will be sent to this number)										Occupation									
Running Shoe Brand	Adidas	Asics	Brooks	Hi-Tec	Mizuno	NewBalance	Nike	Puma	Reebok	Saucony	Other								
Where do you buy your running apparel and footwear?			Branded Store	Independent Sports Store	Sportmans Warehouse	Totalsports													

MEDICAL

Do you have any allergies	YES	NO	Please Specify													
Special medical conditions/medication	YES	NO	Please Specify													
Medical Aid	YES	NO	Name						Medical Aid Number:							
Emergency Contact Person:						Contact Number:										

CLUB & QUALIFYING DETAILS

Athletic Club (in full)										Athletic Province								
YOU MUST SUBMIT YOUR 2017 LICENSE NUMBER BY 2 MAY 2017. FAILURE TO SUBMIT YOUR 2017 LICENCE NUMBER WILL RESULT IN A REJECTED ENTRY.																		
Have you qualified?			YES	NO	License number													
YOU MUST SUBMIT YOUR ENTRY FORM BEFORE ENTRIES CLOSE BUT YOU HAVE UNTIL 2 MAY 2017 TO SUBMIT YOUR QUALIFYING DETAILS. FAILURE TO SUBMIT YOUR QUALIFYING DETAILS WILL RESULT IN A REJECTED ENTRY. (SEE QUALIFYING RACE ON THE NEXT PAGE FOR MORE DETAILS)																		
Name of qualifying race										Time				H	H	M	M	
Date of qualifying race			C	C	Y	Y	M	M	D	D	Distance		42.2km or longer (give distance)					
I will collect my race number and goodie bag in										FREE NEW BALANCE T-Shirt (T-SHIRT EXCHANGE NOT PERMITTED) Tick your preferred style and t-shirt size:								
Durban		Pietermaritzburg		MALE STYLE		S	M	L	XL	XXL	FEMALE STYLE							
						XS	S	M	L	XL	XXL							

PAYMENT

Early Bird Entry Fee (1 September to 30 September 2016)	R 420.00	Please debit my credit card in the amount of R _____									
Entry Fee (1 October to 30 November 2016)	R 460.00										
Rest of Africa	R 770.00										
International (Bus tour not included)	R 2,650.00	<input type="checkbox"/> Visa <input type="checkbox"/> MasterCard									
VOLUNTARY DONATION (MARK ONE BLOCK WITH AN X)											
Community Chest Durban & Pietermaritzburg		Credit Card No. _____									
Pink Drive		Expiry Date <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> CVV Security No. <input type="text"/> <input type="text"/> <input type="text"/>									
Starfish		Signature of Card Holder _____									
The Sports Trust											
Wildlands Conservation Trust											
World Vision South Africa											
Charity Donation	R										
Do you want a printed set of Race Results	YES NO R 40.00										
Bus Tour (International Only) Max 3 people	R 400.00	FRIDAY 8AM FRIDAY 9AM SATURDAY (INDICATE PREFERRED OPTIONS)									
Order ChampionChip	YES NO R 150.00										
Total Amount	R										

WAIVER, INDEMNITY AND CONSENT

Release and Waiver: I warrant that I am in good health, physically fit and have sufficiently trained to participate in this endurance event. I agree to comply with the rules, conditions and regulations for this event, which include the payment of the entry fee. I hereby release and discharge the organizers of the Comrades Marathon, all sponsors, volunteer groups, medical personnel, and any and all local authorities, from any loss or damage, however caused, arising from my participation in the event, including pre-race and post-race activities. This waiver applies to my executors, my heirs, administrators, assigns and myself. I undertake not to exhibit or wear any advertising material or logos contrary to the rules of IAAF, ASA, KZNA and CMA. I also grant my permission to the Comrades Marathon or its agents, in terms of Section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tapes, broadcast and/or telecast footage in which I may appear, for whatever use, at no charge. By entering the Comrades Marathon and starting the race I conform to, adhere and abide by the rules and regulations as set out by the CMA. The CMA WILL NOT TOLERATE CHEATING IN ANY FORM, and has the right to declare your 2017 result null and void as well as applying an automatic 2 year exclusion on you from entering or participating in the 2018 and 2019 Comrades Marathons should you be found to have cheated, in any form. Your entry will be rejected if any fields on this form are not fully completed.

Signature of Entrant _____ Date _____

For accomodation specials visit the Tsogo Sun website: www.tsogosun.com | For Car rental specials visit the Budget website: www.budget.co.za





SUNDAY
04 JUNE 2017

RULES & INFORMATION

THIS RACE IS RUN UNDER THE AUSPICES OF IAAF, ASA, KZNA & CMA

DATE AND TIME OF RACE

The race will be run on Sunday, 04 June 2017 starting at 05h30 and finishing at 17h30. The race is run from 'gun to gun'.

ROUTE & DISTANCE

It is an "UP RUN" starting at the City Hall in Durban and finishing at Scottsville Racecourse in Pietermaritzburg. The race distance is approximately 88km. The distance is subject to change and will be confirmed in the final race instructions.

ENTRY FEE

Early Bird Entry for South African Entrants (1 September to 30 September 2016 ONLY) is R420.00.

South Africa: is R460.00 (01 October 2016 to 30 November 2016)

Rest of Africa: R770.00 (01 September 2016 to 30 November 2016)

International: R22,650.00 (01 September 2016 to 30 November 2016)

Entry fee is waived for holders of 25 or more Comrades medals. Contact CMA for a 25 medal plus voucher number if required during the entry process.

ENTRY FEES ARE NON REFUNDABLE.

ENTRY PERIOD

Entries open on 1 September 2016 and close on 30 November 2016. There will only be one entry window period for all athletes to enter whether they are former Comrades runners, Novices, Rest of Africa or International.

Entries will be limited to a maximum of 20 000. Entries will close on 30 November 2016 or once the 20 000 entries have been received (e.g. if 20 000 entries are received by 15 November 2016 then no further entries will be accepted). All current and potential Comrades Marathon runners that wish to run in 2017 are urged to take careful note of the entry process and the cut-off date.

NO entries will be taken in 2017.

Total number of entries will be capped at 20,000.

RIGHTS RESERVED

Any irregularities in your entry form will result in a rejected entry. Comrades Marathon Association reserves the right to accept or reject any entry, subject to the rules of IAAF, ASA, KZNA and CMA. Any runner contravening the rules of the race may be banned from the event.

AGE RESTRICTION

The minimum age requirement is that the athlete must be 20 years or older on the day of the race (ASA rule 11). Please note that the athlete must be 20 years of age on the day of running the qualifying race.

RESTRICTION OF ENTRY

The Comrades Marathon is restricted to club registered runners only. South African entrants must be current 2017 licensed members of a club affiliated to Athletics South Africa through their provinces. The domicile rule will be strictly enforced. No athlete may run for a club other than a club registered in the Province in which they are domiciled unless they are registered on the current ASA national list. No runner may run with an animal under any circumstances. Athletes will not be in possession of their 2017 licenses at the time of entry. They will be able to enter, however MUST submit their club name and license number to CMA no later than 16h30, 02 May 2017. Failure to submit these details will result in the entry being rejected.

INTERNATIONAL ENTRANTS WHO MAY BE IN CONTENTION TO WIN A CATEGORY PRIZE MUST PRODUCE A CLEARANCE LETTER ON SUBMISSION OF ENTRY, FROM THEIR COUNTRY FEDERATION.

FOREIGN ATHLETES

Foreign athletes must strictly observe IAAF Rule 4 paragraph 2. Foreign athletes, particularly those who hope to win any prize, must note that in order to take part in the event, require written approval (a permit) from their country's federation. These permits (as per IAAF Rule 4 paragraph 2) should be handed over to the event organisers any time before the event takes place. All foreign athletes who violate IAAF Rule 4 or who do not produce permits on demand will not be eligible to win any prize.

In a case where a foreign athlete is entered through a South African athletics club, it is the responsibility of the club to secure the permit from the athlete, and to hand it over to the race organisers before the event takes place. Event organisers reserve the right to stop any foreign athlete who does not hold a permit required under IAAF Rule 4, from taking part in their events.

If a foreign athlete violates IAAF Rule 4 or ASA Rule 4 and accepts a prize without producing a permit, and the athlete has entered the event through a South African athletics club, then the club in question will also face disciplinary action by ASA.

SUBSTITUTION

The CMA will accept substitutions for the 2017 Comrades Marathon during the window period starting on 14 March 2017 and ending 14 April 2017, 16h30. All applications must reach the CMA office no later than 14 April 2017. **NO LATE SUBSTITUTIONS WILL BE PROCESSED.** Substitution forms will be available at the CMA from 14 March 2017.

CLUB INFORMATION

(FOR SOUTH AFRICAN ATHLETES ONLY)

Athletes will not be in possession of their 2017 licenses at the time of entry, however athletes will still have to comply with the rule that they must be licensed through an officially registered athletics club affiliated to Athletics South Africa in order to run the 2017 Comrades Marathon. You will be able to enter for 2017 Comrades Marathon before having received your 2017 license. You will however have to submit your club name and license number to the CMA before or by 2 May 2017, 16h30. Failure to submit these details will result in your entry being rejected.

NOTE: THE CMA WILL VERIFY YOUR QUALIFICATION AND LICENSE DETAILS WITH YOUR CLUB REPRESENTATIVE.

HOW TO ENTER

1. ONLINE ENTRIES

Enter online at www.comrades.com, please note that in order to enter online you will require either a Debit / Credit card (Visa / MasterCard). Online entries will open at midday on 01 September 2016.

2. DROP-OFF POINTS

Hand deliver your entry to the CMA House in Pietermaritzburg by 16h30 on closing date of entries. (Refer to "ENTRY PERIOD" clause above).

3. POSTAL ENTRIES

Post your entry to Comrades Marathon, PO Box 100621, Scottsville, 3209. You may enter using one of the following options, either by cheque or direct deposit. All cheques, and direct deposits must be made payable to the Comrades Marathon Association. Postal entries must be postmarked by the Post Office no later than closing date of entries (Refer to "ENTRY PERIOD" clause above). We strongly recommend that you send your entries by registered post. Please keep a copy of your entry form, registered post receipt and deposit slip. Should there be any issues with the non delivery of your entry we will require a copy from you.

QUALIFYING RACE DISTANCE										
Batch	42.2 km	48-50 km	52-54 km	56 km	60 km	64 km	68 km	80 km	89km	100 km
A	02:59:59	03:39:59	03:54:59	04:04:59	04:29:59	04:59:59	05:29:59	06:19:59	07:29:59	08:14:59
B	03:19:59	03:59:59	04:19:59	04:34:59	04:59:59	05:29:59	05:59:59	06:59:59	08:14:59	09:14:59
C	03:39:59	04:24:59	04:44:59	04:59:59	05:29:59	05:59:59	06:34:59	07:39:59	08:59:59	10:14:59
D	03:59:59	04:49:59	05:09:59	05:29:59	06:04:59	06:39:59	07:14:59	08:29:59	09:44:59	10:59:59
E	GREEN NUMBER CLUB									
F	04:19:59	05:09:59	05:34:59	05:59:59	06:39:59	07:14:59	07:54:59	09:14:59	10:29:59	11:44:59
G	04:39:59	05:34:59	06:04:59	06:29:59	07:09:59	07:49:59	08:29:59	09:59:59	11:14:59	12:29:59
H	04:59:59	05:59:59	06:29:59	06:59:59	07:39:59	08:19:59	08:59:59	10:39:59	11:59:59	13:29:59

The Ironman seeding table can be downloaded from our website www.comrades.com.

4. DIRECT DEPOSIT

Runners may pay their entry fee by DIRECT DEPOSIT into a Nedbank branch and post their entry form and deposit slip to CMA.

Bank details are: Nedbank, Branch Code: 130526, Account No. 1305846559.

Please write your ID Number on the original deposit slip and attach this to the entry form.

POST THE ORIGINAL DEPOSIT SLIP WITH YOUR ENTRY.

No photocopies will be accepted.

Keep a copy of your entry form.

PLEASE DO NOT DUPLICATE YOUR ENTRY.

NO FAX ENTRIES WILL BE ACCEPTED!

NO E-MAIL ENTRIES WILL BE ACCEPTED!

NO LATE ENTRIES WILL BE ACCEPTED.

ENTRY FEES ARE NOT REFUNDABLE UNDER ANY CIRCUMSTANCES.

CHAMPIONCHIP

All entrants must run with their own ChampionChip. Entrants who do not own their own ChampionChip must purchase a chip from ChampionChip Africa, or one of their distributors, prior to entering the event. Runners MUST produce their ChampionChip when collecting their race pack. All runners are required to wear a ChampionChip timing device on their shoes for the duration of the race. The chip must be registered in the runner's name and NOT belong to someone else. Wearing another athlete's ChampionChip will lead to disqualification.

NO CHIP, NO RUN, NO RESULT, NO EXCEPTION

For more information please visit the ChampionChip Africa website www.championchip.co.za

QUALIFYING RACE

All qualifying races must comply with the ASA rules, technical standards and the Comrades Marathon qualifying criteria. If you do not supply qualifying details with your entry, you must submit your club name, license number and qualifying details by no later than 02 May 2017. This can be done either by email, contacting the CMA office or updating your details online. **Qualifying details will NOT be accepted at registration.** Failure to meet the qualifying criteria will result in your entry being rejected. No seeding upgrades will be accepted after 02 May 2017 and particularly at registration. Therefore, please note that you will not be able to participate and your details will be

removed from our database, which means that you will NOT receive a goodie bag or runner's t-shirt.

QUALIFYING TABLE

All entrants must qualify by completing an officially recognized race, technically approved by the local athletics federation, according to the following table.

A qualifying race must be completed and submitted / updated to Comrades between 27 August 2016 and 02 May 2017.

NOTE THAT A 2016 OFFICIAL COMRADES FINISH CAN NOT BE USED AS A QUALIFIER TOWARDS 2017.

DISTANCE OF RACE	QUALIFYING TABLE
42.2 km	04:59:59
48 - 50 km	05:59:59
52 - 54 km	06:29:59
56 km	06:59:59
60 km	07:39:59
64km	08:19:59
68 km	08:59:59
80 km	10:39:59
89 km	11:59:59
100 km	13:29:59

SEEDING BATCH

All runners will be seeded according to their qualifying times. Runners who have improved their qualifying times after entering may upgrade their seeding by entering the race name and their qualifying time into their registration details on the Comrades Marathon website.

Entrants without access to the internet can contact the CMA and supply their qualifying details to upgrade their seeding. The 2016 Gold and Silver medalists automatically qualify for seeding in batch A.

All qualifying details will be checked and signed off by your club representative. No upgrade of seeding will be permitted after 2 May 2017.

RUNNING KIT, SPONSORSHIP & ADVERTISING

Runners are encouraged to wear club colours officially registered with their provincial bodies (however this is not compulsory), or unbranded running kits (ASA Rule 13.1). In the event of a team competition, athletes must wear their club colours, as officially registered with their provincial bodies.

THE TWO OFFICIAL 2017 COMRADES MARATHON RACE NUMBERS MUST BE WORN ON THE FRONT AND BACK OF YOUR UPPER BODY GARMENT THROUGHOUT THE RACE, AND NOT ON YOUR RUNNING SHORTS, AS THIS WILL RESULT IN DISQUALIFICATION.

The sponsored cap, which you will receive in your runner's goodie bag, is the **PREFERRED** (but not compulsory) branded headgear permitted on race day. Runners must familiarize themselves with and abide by the advertising rules as per the IAAF and ASA Rulebooks. (IAAF Rule 143 and ASA Rule 13.1 and advertising regulations). These provisions apply for the duration of the race including warming up, all race ceremonies and official press conference. Under no circumstances may a runner display a political slogan in any matter or form. (IAAF Rule 2(a)).

SECONDING\PHYSICAL ASSISTANCE

The **no mobile seconding rule** will be very strictly enforced. No seconds may drive, cycle or run alongside any athlete on the route. **The stand and hand rule**, whereby a runner's seconds may stand at any point on the route and hand refreshments to their athlete while they remain stationary, will apply. No seconds may travel on the route. No pacing will be permitted. **Any transgressions will lead to disqualification. Any athlete being found carried along the route and/or before the finish line will be liable for disqualification. (IAAF Rule 144)** With reference to IAAF Rule 144.2(b) athletes who are in contention for any position or category prize are not allowed to be in possession of or use any form of mobile or similar device.

ACKNOWLEDGEMENT OF ENTRY

Entries can be confirmed on the Comrades Marathon website www.comrades.com by viewing the "Startlist" (home page) or login to your user profile using your unique username and password supplied during the entry process. Entries will also be acknowledged to valid e-mail addresses and/or by SMS as supplied on your entry form. It is your





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responsibility to ensure your contact details are up to date and accurate.

It is your personal responsibility to check your details and confirmation of entry. If any of the details are incorrect please log on with your username and password supplied and correct your details or contact the CMA office. Print your entry confirmation email. You must produce this confirmation together with your ChampionChip in order to collect your race pack. Athletes who ordered a new ChampionChip with their entry will receive it at registration.

NUMBER COLLECTION

You must collect your (2) race numbers, FREE New Balance runner's t-shirt and Goodie Bag from the venue you have indicated on your entry form. Should you have placed an order for a ChampionChip with your entry form, please note that the chip will be in your race number pack and can ONLY be collected from the registration venue you have indicated. The ChampionChip ordered with the entry form will NOT be issued before registration dates. Should you wish to use your chip for qualifying races before the Comrades Marathon, please contact ChampionChip directly. These items will not be posted to you. It is important to note the following when collecting your race number package:

- All runners MUST produce their ChampionChip when collecting their race number pack. with the exception of those who have ordered one with their entry form, in which case it will be in their race packs.
- All runners MUST provide proof of identity in order to collect their race number pack e.g. ID book, Passport or Driver's License/
- NO race numbers packs will be issued on race day.

REGISTRATION VENUE

DURBAN	PIETERMARITZBURG
Bonitas Comrades Expo Durban Exhibition Centre Walnut Road Durban	Comrades Marathon House 18 Connaught Road Scottsville Pietermaritzburg

DATES & TIMES	
Thursday 01 June 2017	10h00 - 17h00
Friday 02 June 2017	09h00 - 18h00
Saturday 03 June 2017	09h00 - 17h00

If you are unable to collect your race number package, a third party can collect this on your behalf providing they have a printed copy of Acknowledgement of Entry, the athlete's ChampionChip as well as a letter of authorization from the entrant. The person collecting the race number package must have identification. Runners may not claim their race number package after registration closes. **These items will not be posted to you and no refunds will be processed.**

BUS TICKETS

Bus tickets from Pietermaritzburg to the start in Durban and from the finish in Pietermaritzburg back to Durban after the race will be available for sale only at the Expo Bus Ticket Kiosk prior to the race. **No tickets will be available on race day.**

INTERNATIONAL BUS TOUR

Bus tour tickets are NOT included in the international entry fee. The tour is limited to a runner and two guests. Tours can be booked with your entry. Tour tickets will be allocated on a 1st come 1st serve basis. The cost of the bus tour is R400.00.

TIME LIMITS & CUT-OFFS

The race is run from "gun to gun". The cut-off times for these points will be confirmed in the final race instructions. The CMA reserves the right to alter these positions and times. Runners will be required to board a rescue bus and be transported to the finish venue should they not have reached the cut-off points within the specified time. Athletes MUST retire once ordered to do so by a CMA official, ASA technical official or any medical personnel [IAAF Rule 240 7]. Failing to obey these officials WILL lead to your exclusion in entering or participating in the 2018 race. **The cut-off points will be clearly sign posted and do not relate to the location of any timing mats or other markers along the route.**

CUT-OFF POINTS	
Cowies Hill	2:40:00 (08h10)
Winston Park	4:30:00 (10h00)
Drummond (Halfway)	6:10:00 (11h40)
N3 Subway - Cato Ridge	8:10:00 (13h40)
Umlaas Road Interchange	9:30:00 (15h00)
Top of Polly Shortts	11:10:00 (16h40)

Please note that these times and positions are subject to change should the organisers deem it necessary. The final cut-off is at 12 hours (17h30) and if you have not reached the Finish, you must leave the route and retire from the race immediately. **FAILING TO DO SO MAY RESULT IN**

DISCIPLINARY ACTION BEING TAKEN AGAINST YOU.

FINAL RACE INSTRUCTIONS

Your Final Race Instructions form part of the rules of the race and will be included with your race pack. It will also be available online at www.comrades.com in May 2017 and will be e-mailed to you with your final race confirmation. It is your responsibility to familiarize yourself and your supporters with these final race instructions.

AWARDS & INFORMATION

GENERAL AWARDS

Badges and Medals will be awarded to all official finishers who complete the full distance within the 12-hour cut-off.

MEDALS	
Gold	First 10 Men and Women
Wally Hayward	Position 11 to sub 6hrs 00min
Silver	6hrs 00min to sub 7hrs 30min
Bill Rowan	7hrs 30min to sub 9hrs 00min
Bronze	9hrs 00min to sub 11hrs 00min
Vic Clapham	11hrs 00min to sub 12hrs 00min
Back 2 Back	Awarded to novices who completed the 2016 down run and are returning to complete the 2017 up run.

PRIZE MONEY

PRIZE MONEY		
POSITION	MEN	WOMEN
Position 1	R425,000.00	R425,000.00
Position 2	R210,000.00	R210,000.00
Position 3	R160,000.00	R160,000.00
Position 4	R80,000.00	R80,000.00
Position 5	R65,000.00	R65,000.00
Position 6	R36,000.00	R36,000.00
Position 7	R32,000.00	R32,000.00
Position 8	R28,000.00	R28,000.00
Position 9	R24,000.00	R24,000.00
Position 10	R20,000.00	R20,000.00

BEST "UP RUN" TIME

Should the Winners (man and woman) of the 2017 Comrades Marathon break the Best Time previously recorded for the "Up Run", he or she will receive a cash payment of R 425,000.00.

THE BEST TIME PREVIOUSLY RECORDED

5:24:49 by Leonid Shvetsov in 2008
6:09:24 by Elena Nurgalieva in 2006

AGE CATEGORIES

An athlete is not eligible for a prize in more than one age category, i.e. an athlete is only eligible for a prize in the age category applicable to him/her or the younger category chosen by him/her provided he/she is wearing the relevant age category tag. An athlete, male or female, who finishes the race in first to tenth position, may, however, win his/her position prize as well as any applicable age category prize. Unless you specifically request in writing to CMA organisers to change your age category to a lower age category, by 2 May 2017, you will be entered in the age category of your chronological age. If an age category finisher is in the first four (4) of his/her club he/she will count in the open team prize and will therefore not be eligible for the 40+ team prize (ASA rules 11.3 to 11.8 inclusive).

Appropriate numerical age category tags must be worn on the front and back of the upper body garment and be clearly visible.

An athlete must provide positive identification to verify proof of age. These rules apply to both individual and team categories.

AGE CATEGORY PRIZES

AGE CATEGORY PRIZES	MEN	WOMEN
40 - 49 years		
Position 1	R17,000.00	R17,000.00
Position 2	R12,000.00	R12,000.00
Position 3	R6,000.00	R6,000.00
50 - 59 years		
Position 1	R12,000.00	R12,000.00
Position 2	R6,000.00	R6,000.00
Position 3	R5,000.00	R5,000.00
60 years +		
Position 1	R6,000.00	R6,000.00
Position 2	R5,000.00	R5,000.00
Position 3	R3,000.00	R3,000.00

TEAM COMPETITION

All team prizes will be calculated on the combined times of the first four club members to finish in each category (IAAF Rule 141 and ASA Rule 11.7). If an age category finisher is in the first four (4) of his/her club he/she will count in the open team (20 to 39) and therefore not be eligible for the 40+ team. In order to qualify for a team prize an athlete must compete wearing club colours. Team prizes and rules pertaining to the awarding thereof will be detailed in the Final Race Instructions. The domicile rule will be strictly enforced.

No athlete may run for another club team other than the club team registered in the province which they domicile, unless the athlete is registered on the current ASA National List. There is a separate elite/professional team prize. **THE TEAM COMPETITION DOES NOT APPLY TO FOREIGN ATHLETES.**

TEAM PRIZES

TEAMS (Amateur/Recreational Clubs)		
CATEGORY	MEN	WOMEN
Open 20 - 39 years		
1st Team	R16,000.00	R16,000.00
2nd Team	R12,000.00	R12,000.00
3rd Team	R9,000.00	R9,000.00
Over 40 years		
1st Team	R12,000.00	R12,000.00
2nd Team	R8,000.00	R8,000.00
3rd Team	R4,000.00	R4,000.00
TEAM PRIZES (Elite/Professional)		
1st Team	R32,000.00	R32,000.00

SOUTH AFRICAN RUNNERS

The first South African citizen (man and woman) to complete the event will each receive a cash payment of R 200,000.00

KWAZULU-NATAL ATHLETE

The first KwaZulu-Natal athlete (man and woman) to complete the event will each receive R 35,000.00 from the KwaZulu-Natal Department of Sport and Recreation. A KwaZulu - Natal athlete shall be defined as an athlete domiciled in the province of KwaZulu - Natal, and licensed by KwaZulu - Natal Athletics, but includes any athlete domiciled in KwaZulu - Natal who is registered on the current ASA National List, and who may be licensed in another province.

PRIZE MONEY & AWARDS

All prizes including prize money, trophies and/or special medals will only be issued once drug test results have been received and subject to clearance. All prize money is subject to South African tax laws, and may take up to 3 months to process. **Elite athletes/top contenders, who fail to attend the elite athlete media briefing (2 days before race day) will be docked 10% of their prize money.**

OFFICIAL CHARITIES

The Comrades Marathon Amabeadibead Campaign consists of six official charities namely:



Community Chest Durban & Pietermaritzburg, The Sports Trust, Starfish, Wildlands Conservation Trust, Pink Drive and World Vision South Africa

An Amabeadibead gift will be enclosed in your race number pack when you make a minimum donation of R50.00. Please support our charity drive.

For more information and details on our charity initiative, please visit www.comrades.com

RACE 4 CHARITY

The campaign is intended to foster wider support for charitable fundraising for the CMA's six official charities. An exciting facet to this campaign is that runners have the opportunity to improve their seeding batch, while raising funds for a good cause. The CMA has reserved 500 entries for runners, who need to raise R5,000 each. This will ensure that they get to start in the "C" batch near the front of the field on race day. Follow the link on the Comrades Website to sign up, whilst family, friends and supporters can donate and leave messages of motivation on your fundraising page. Runners get to choose which of the six Amabeadibead charities they would like to support. All Race 4 Charity runners will also be on the receiving end of an exclusive goodie bag which they can collect during Registration. The entry process is also a simple one. Runners need to enter the Comrades 2017 by closing date of entries but will have until 02 May 2017 to sign up and raise funds. Please note that normal race rules still apply for entries and there are no refunds, should a runner fail to qualify or raise the minimum amount.

For more information and details on our charity initiative, please visit www.comrades.com.

FURTHER ENQUIRIES

Comrades Marathon Association
PO Box 100621, Scottsville, 3209
Telephone +27(0)33 8978650
Email info@comrades.com
www.comrades.com

