



THE ULTIMATE HUMAN RACE

WWW.COMRADES.COM

THE COMRADES MARATHON DISADVANTAGED RUNNERS PROGRAMME 2023

The Comrades Marathon Association is proud to announce that it will be offering a facility to support the participation of financially disadvantaged runners in the 2023 Comrades Marathon. Runners will be provided with a comfortable mattress and blanket to sleep and food to eat the night before, coffee/ tea on race morning and supper the night of the Comrades Marathon. Runners will be accommodated at the YMCA in Alan Paton Street behind the Sasol Filling Station.

However, due to the overwhelming demand, runners are urged to apply early, as this offer is being made to all runners throughout South Africa and space is limited! Underprivileged Runners will be receiving sleeping facilities the night before (**10 June 2023**) and the night of the race (**11 June 2023**), carbo-meals, energy drinks as well as transportation.

Please note that the initial transportation from your residence to either Durban or Pietermaritzburg and back to your place of residence will be for your own expense.

In order for us to make provisions, we will require that you fill-in and email the form below, by no later than **26 May 2023**. Please note: to qualify for the programme you must be unemployed or earn less than R6000 a month. Please send us proof of earnings or an affidavit as proof of your earnings or unemployment.

Once again, we look forward to providing support to the financially disadvantaged runners this year and thank you for your participation in this exciting venture!

Yours sincerely,

Sifiso Mngoma

Social Media & Brand Officer

Comrades Marathon Association



 **mr price sport**

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Comrades Underprivileged Runners Application Form

Please write neatly; tick clearly and complete this form fully

- Name and Surname _____
- Identity Number _____
- Contact Number _____
- Club Name and license No _____
- Email address _____
- Your home address: _____
- Number of days for accommodation (Please Tick) 1 day • 2 days •
- Are you employed? • Are you unemployed? •
- If employed what is your monthly income:
R1000 – R3000 • R3000 – R6000 • other •
- Your company or employer's name _____
- Your Employer's Contact Details _____
- Male • Female •
- African• Coloured • Indian• White•

Please send you form to: Email: sifiso@comrades.com

All to be confirmed by e-mail by the **26 May 2023**



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