



THE ULTIMATE HUMAN RACE

WWW.COMRADES.COM

### THE GEMS COMRADES DISADVANTAGED RUNNERS PROGRAMME 2024

The Comrades Marathon Association is proud to announce that it will be offering a facility to support the participation of financially disadvantaged runners during the 2024 Comrades Marathon. Thanks to CMA partner, Government Employee Medical Scheme (GEMS), runners will be provided with safe sleeping quarters, a comfortable mattress and blanket; and a good dinner on race day eve, tea/coffee on race morning and supper on the night of the Comrades Marathon. Runners will be accommodated at the YMCA in Alan Paton Road behind the Sasol Filling Station.

However, due to overwhelming demand, runners are urged to apply early, as this offer is being made to all runners throughout South Africa and space is limited! The GEMS Disadvantaged Runners Village will operate from 8 to 10 June, offering sleeping facilities on the eve of the race (**08 June 2024**) and the night of the race (**09 June 2024**), as well as carbo-meals, energy drinks as well as transportation.

Please note that the initial transportation from your residence to either Durban or Pietermaritzburg and back to your place of residence will be for your own expense. In order for us to make plan adequately, we require that you fill in and email the form below, by no later than **17 May 2024**. Please note that to qualify for the programme you must be unemployed or earn less than R6000 a month. Please send us a copy of your salary slip or an affidavit declaring your unemployment or earnings.

Once again, we look forward to providing support to the financially disadvantaged runners this year and look forward to hosting you over #Comrades2024 race weekend.

Yours sincerely,

**Sifiso Mngoma**

**Social Media & Brand Officer**

**Comrades Marathon Association**



 **mr price sport**

**THIRSTI**

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### GEMS Comrades Disadvantaged Runners Programme Application Form

Please write neatly; tick clearly and complete this form in full

- o Name and Surname \_\_\_\_\_
- o Identity Number \_\_\_\_\_
- o Contact Number \_\_\_\_\_
- o Club Name and license No \_\_\_\_\_
- o Email address \_\_\_\_\_
- o Your home address: \_\_\_\_\_
- o Number of days for accommodation (Please Tick) 1 day  2 days
- o Are you employed?  Are you unemployed?
- o If employed what is your monthly income:  
R1000 – R3000  R3000 – R6000  other
- o Your company or employer's name \_\_\_\_\_
- o Your Employer's Contact Details \_\_\_\_\_
- o Male  Female
- o African  Coloured  Indian  White

Please send you form to: Email: [sifiso@comrades.com](mailto:sifiso@comrades.com)

All to be confirmed by e-mail by the **17 May 2024**



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