



THE ULTIMATE HUMAN RACE
WWW.COMRADES.COM

FOROMO YA KOPO

YA THUSO YA LEBELO LA COMRADES 2025

(E SEBETSA HO BAAHI BA NAHA YA AFRIKA BORWA FEELA)

Comrades Marathon Association (CMA) e motlotlo ho tsebisa hore e tla fana ka tshehetso ho dimathi tse nang le mathata a ditjhelete tse batlang ho nka karolo lebelong la Comrades Marathon ka 2025.

Maikemisetso a Letlole lena e leng, Comrades Relief Fund (CRF) ke ho thusa ka ditjhelete dimathi tse nang le mathata a ditjhelete ka ho di neha theolelo ya tefello ya ho kenela lebelo e fihlang ho 50% (halofo).

Bakeng sa ho etsa kopo ya tefello e fokoditsweng ya ho kenela lebelo, latela mehato e mona ka tlase:

(Re kopa hore o kenye letshwao lena X lebokosong ha o phethile mohato ka mong)

- Tlatsa foromo ya hao ya ho kenela lebelo la Comrades 2025 moleng ka webosaete ena www.comrades.com

(ho hlokeha tefello ya 50% ya ho kenela ya ka potlako pele o ka kena)

- Tlatsa Foromo ya Kopo ya Thuso ya Lebelo la Comrades (CRF) e mona ka tlase.

(Foromo e tlatsitsweng e tshwanetse ho tiisetwa ke Mokhomishenara wa Kano)

- Kenya lengolo le saennweng le tswang ho motho ya behuweng wa Komiti ya Tsamaiso ya sehlopha sa lona sa ho matha e leng le bolelang hore o setho se maamong a matle ho sehlopha, le hore ba tshehetsa kopo ya hao. (Hona e tshwanetse ho ba lengolo la semmuso la sehlopha le nang le letshwao la sehlopha mme le be le dintlha tsa moo ho ka iteangwang le ba sehlopha sa lona)

Hang ho ba mehato yohle e phethwe, re kopa hore o skene, e be o romela ditokomane tsohle ka emeile ho entries@comrades.com

Ditokomane hape di ka iswa hape le ka letsoho Ofising ya Comrades Marathon e atereseng e mona ka tlase:

18 Comrades Road, Scottsville, Pietermaritzburg, 3201

Ditokomane tsohle di tshwanetswe ho romelwa ho CMA ho eso fete la: **9 Disemere 2024.**

HA HO NA DIKOPO TSE TLA ETSUWA KA POSO, FEKSE KAPA MOHALA TSE TLA AMOHELWA



ADDRESS 18 Comrades Road, Scottsville, Pietermaritzburg, 3201
EMAIL info@comrades.com
TELEPHONE +27 (0) 33 897 8650



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Foromo ya Kopo ya Thuso ya Lebelo la Comrades

Re kopa hore o ngole ka makgethe le ka ho hlaka mme o tlatse foromo ya kopo kaofela ha yona:

Lebitso le Sefane: _____

Nomoro ya Boitsebiso: _____

Nomoro ya Selfounu/Mohala _____ Aterese ya Emeile: _____

Ke ya sebetsa Ha ke sebetse

Haebe o a sebetsa moputso wa hao wa kgwedi ke bokae:

R0 – R1500 R1500 – R2500

Lebitso la ramosebetsi wa hao: _____

Dintlha tsa moo re ka iteanyang le ramosebetsi wa hao: _____

Ha kopo ya hao e sa atleha. O ka kgetha ho etsa e nngwe ya tse latelang:

- Ho ba le Tefello ya Tjhelete e Setseng ya ho Kenela – Instolmente ya bobedi ya tefello ya ho kenela e leng ya 50% e ka leshwa nakong efe kapa efe (pele ho la 28 Febewari 2025) mme hoo o ka ho etsa ka ho kena profaeleng ya hao ya ho kenela e be o kgetha konopo ya tefello e felletseng ya ho kenela lebelo.
- Wa etsa Kopo ya Busetswa Tjhelete ya Hao – O tla ba hape le kgetho ya ho kopa ho busetswa tjhelete ya hao (e tla ntsha tefello ya tshebeletso ya ho kenela) Hona ho ka etsuwa ka ho romela emeile ho entries@comrades.com kapa ka ho tla ka bowena Ofising ya Comrades Marathon.

Ditefello tsa Tjhelete e Setseng ya ho Kenela kapa dikopo tsa Ho Busetswa Tjhelete di lokela ho etswa pele ho la 28 Febewari 2025. Ho hloleha ho etsa jwalo ho tla etsa hore o **lahlehelwe** ke tefello ya hao ya ho kenela lebelo (e seng e lefuwe ho fihlela jwale) mme ho kenela ha hao ho tla kwalwa mme o ntshwe lenaneng la ba kenetseng lebelo.

Ka ho saena foromo ena ya kopo, ke tiisetsa hore dintlha tse ngotsweng mona ke tsa nnete hape di nepahetse.

Tshaeno: _____

Letsatsi: _____



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